

PMLEARNING · PMLEARNING.ORG · 2026 EDITION

PMLEARNING · EXAM PREP SERIES

PMI-RMP[®]

21-Day

Study Plan

Pass the PMI-RMP[®] Exam on Your First Attempt

2026 Edition · pmlearning.org

Pass the PMI-RMP — Score 72%+ on Two Consecutive Full Exams

PMLearning

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Your path:

21-Day Full Plan

BEFORE YOU START

Who These Plans Are For

■ NOT FOR DAY-ONE BEGINNERS

This guide assumes you have already put in the hours, understand the foundational concepts, and are weeks — or days — away from test day. If you are brand new to PMI-RMP prep, work through the full study guide first before jumping into this plan.

This plan is built to systematically prepare you across all five PMI-RMP domains in 21 focused days — reading, review, domain practice, and a final full-exam simulation. Follow it day by day without skipping.

TOOLS

REQUIRED TOOLS

What You Need to Execute This Plan

This plan is built around two specific PMLearning resources that work together. You will need both.

01

PMI-RMP®: The Ultimate Secret Weapon

PDF eBook covering every PMI-RMP task aligned to the current ECO.

pmlearning.org/project-management-study-guides

02

The Ultimate PMI-RMP® Exam Simulator

Full-length and topic-specific practice exams with detailed explanations. **Includes the Secret Weapon eBook** — both in one purchase.

pmlearning.org/pmi-rmp/premium-exam-questions

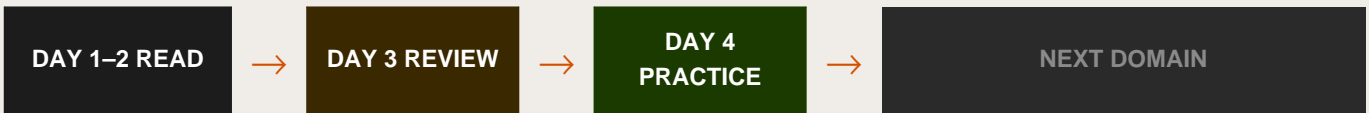
- ★ **One Purchase, Both Resources** — When you purchase the Exam Simulator, you will be prompted to add the Secret Weapon eBook at checkout. Most candidates grab both — it is the most complete way to follow this plan.

THE 21-DAY PLAN STRUCTURE

Proven 4-day cycle per domain — 3 days of reading & review, 1 day of exam practice

Each of the five PMI-RMP domains follows a structured 4-day cycle — three days of reading and focused review, followed by one dedicated practice day using the exam simulator. Domain IV (Risk Response, 13%) runs a compact 3-day sprint. Days 20 and 21 are your full simulation and targeted review.

DOMAIN	EXAM WEIGHT	DAYS	CYCLE
Domain I — Risk Strategy & Planning	22%	Days 1–4	4-Day Cycle
Domain II — Risk Identification	23%	Days 5–8	4-Day Cycle
Domain III — Risk Analysis	23%	Days 9–12	4-Day Cycle
Domain IV — Risk Response	13%	Days 13–15	3-Day Sprint
Domain V — Monitor & Close Risks	19%	Days 16–19	4-Day Cycle
Full Exam Simulation	—	Days 20–21	Exam + Review



THE 21-DAY DAILY BREAKDOWN

TIMELINE	TYPE	FOCUS AREA & DAILY TASK	DO NE
		Domain I — Risk Strategy and Planning · Days 1–4 · 4 Days · 22% of Exam	
		PRO TIP Risk management plan, RBS, risk thresholds, stakeholder risk appetite, PESTLE/SWOT analysis.	
Day 1	READ	Read Domain I — Risk Strategy and Planning	■
Day 2	READ	Continue reading Domain I — risk thresholds, RBS, and the risk communication plan	■
Day 3	REVIEW	Finish and review Domain I — consolidate the full risk management plan structure	■
Day 4	PRACTICE	Solve the Domain I exam simulator — review every question you got wrong	■
		Domain II — Risk Identification · Days 5–8 · 4 Days · 23% of Exam	
		PRO TIP Identification techniques: interviews, focus groups, assumption analysis, triggers, risk register.	
Day 5	READ	Read Domain II — Risk Identification	■
Day 6	READ	Continue reading Domain II — triggers, thresholds, and assumption analysis	■
Day 7	REVIEW	Finish and review Domain II — build a sample risk register from memory	■
Day 8	PRACTICE	Solve the Domain II exam simulator — review every question you got wrong	■
		Domain III — Risk Analysis · Days 9–12 · 4 Days · 23% of Exam	
		PRO TIP Qualitative vs. quantitative analysis — probability/impact matrix, Monte Carlo, EMV, decision trees.	
Day 9	READ	Read Domain III — Risk Analysis	■
Day 10	READ	Continue reading Domain III — Monte Carlo, EMV, decision trees, sensitivity analysis	■
Day 11	REVIEW	Finish and review Domain III — compare qualitative vs. quantitative approaches	■
Day 12	PRACTICE	Solve the Domain III exam simulator — review every question you got wrong	■
		Domain IV — Risk Response · Days 13–15 · 3 Days · 13% of Exam	
		PRO TIP Response strategies for threats AND opportunities: avoid, mitigate, accept, enhance, exploit, share.	
Day 13	READ	Read Domain IV — Risk Response (all tasks and response strategies)	■
Day 14	READ	Continue reading and complete Domain IV — contingency plans, secondary & residual risks	■
Day 15	PRACTICE	Solve the Domain IV exam simulator — review every question you got wrong	■
		Domain V — Monitor and Close Risks · Days 16–19 · 4 Days · 19% of Exam	
		PRO TIP Residual and secondary risk monitoring, variance analysis, updating the risk register.	

TIMELINE	TYPE	FOCUS AREA & DAILY TASK	DO NE
Day 16	READ	Read Domain V — Monitor and Close Risks	<input type="checkbox"/>
Day 17	READ	Continue reading Domain V — residual risks, secondary risks, variance analysis	<input type="checkbox"/>
Day 18	REVIEW	Finish and review Domain V — risk reporting and updating project documents	<input type="checkbox"/>
Day 19	PRACTICE	Solve the Domain V exam simulator — review every question you got wrong	<input type="checkbox"/>
Final Exam Simulation Phase · Days 20–21 · Full 115-Question Exam			
PRO TIP Simulate real exam conditions — 2.5 hours, timed, one optional 10-min break.			
Day 20	FULL EXAM	Complete the Full PMI-RMP Simulation Exam — 115 questions · 2.5 hrs · exam conditions	<input type="checkbox"/>
Day 21	REVIEW	Review every question you got wrong — then schedule your real exam	<input type="checkbox"/>

**72%+ TWO
CONSECUTIVE
FULL EXAMS =
YOU ARE
READY**

HOW DO YOU KNOW YOU ARE READY?

When you can consistently score 72% or higher on two full simulator exams in a row, you are ready to sit for the real exam. Scoring 72%+ on the PMLearning simulator is a strong indicator that you are on track for an **Above Target** rating on the actual PMI-RMP exam. That benchmark is calibrated to reflect real exam performance.

One Last Thing

You do not need a perfect score. You need to think like a risk manager, make decisions the PMI way, and trust the preparation you have put in. Schedule the earliest date that feels realistic and go get that credential.

Still have questions?

Go ahead and reach out — we're here to help and we'll get back to you fast. Whether it's a question about the plan, the simulator, or the eBook, just shoot us an email and we've got you covered.

support@pmllearning.org